



THE ANNUNCIATION

ST. MARY'S EPISCOPAL CHURCH

The Last Sunday after the Epiphany

March 3, 2019

Nursery

Our nursery is available for infants through 4-year-olds from 8:45 a.m. until 12:15 p.m. The nursery is located in the Sunday School Building. Nursery Director Meg Zehmer and Nursery Assistant Cassie Vestal will be happy to help you get your child settled into the nursery.

Worship bags

We provide worship bags that contain a coloring page based on the Gospel reading of the day. They are in the front of Little St. Mary's and in the wood bins near the entrances to New St. Mary's.

Sermons available

Find past sermons available on St. Mary's website at stmarysgoochland.org/sermons to hear audio and download print versions.

Connect with us

We would love to learn more about you! If you are a visitor, please pick up a **welcome card** from one of our ushers or in the back of a pew.

Would you like to write for us? Contact Ashley Cameron at acameron@stmarysgoochland.org

TODAY'S SCHEDULE

9 a.m. Holy Eucharist Rite One, *Little St. Mary's*

10 a.m. Adult Forum: "What Makes for Good Liturgy, Part IV", *Parish Hall*

10 a.m. Sunday School and Confirmation Class, *Sunday School Classrooms and Education Building*

11 a.m. Holy Eucharist Rite Two, *New St. Mary's*

Noon Cake and Coffee, *Café and Parish Hall*

12:15 p.m. Children's Ministries Committee, *Parish Office*

Do you receive email from us?

Visit stmarysgoochland.org/communications to sign up for weekly updates and news from us.

A WEEKLY REFLECTION

During our time in Ecuador, each team member shared a devotional on one given evening. I was fortunate to be able to prepare mine while spending several hours in solitude at El Refugio, a 300-acre wooded, mountainous Christian retreat center outside of Quito. El Refugio is a "thin space", where the distance between heaven and earth seems thinner, and we're just a little bit closer to the divine.

As I sat in those peaceful surroundings, the Prayer Attributed to St. Francis came to mind, as it had many times during the course of the week. God whispered those sacred words into my head and my heart with each home I visited and each new person I encountered.

Lord, make us instruments of your peace. Where there is hatred, let us sow love... Grant that we may not so much seek to be consoled as to console; to be understood as to understand; to be loved as to love. For it is in giving that we receive; it is in pardoning that we are pardoned; and it is in dying that we are born to eternal life. (BCP p. 833)

The generosity of the congregation of Misión Emaús deeply moved me. The St. Mary's team worked, taught, and healed, but I always felt that we received more spiritually than we gave physically. As I pondered all that had occurred during our time in Ecuador, I realized that St. Francis' prayer is one of action. It tells us how to truly serve God—and each other. God does not need us to make grand gestures. He just wants us to *be present* for one another. No act of love is too small for Him. Cooking a meal, giving a hug, sharing a conversation—God is present in, and is the *source of*, these everyday acts of kindness. We glorify Him and bring the Kingdom of God a tiny bit closer to Earth with each one.

As I prayed in the hills of El Refugio that day, it occurred to me that perhaps the last sentence of the prayer isn't referring to physical death. Perhaps the message is that we are closest to God when we die to ourselves, and seek to serve one another in all things. When we love one another.

Allison Dunaway

WELCOME! Whether it is your first Sunday at St. Mary's, or your 401st, we're glad that you're with us. Please feel free to introduce yourself to a greeter, an usher, or one of our clergy, and **consider filling out a welcome card**. We invite you to join us on future **Sundays** at 9 a.m. for Eucharist or at 11 a.m. for Eucharist or Morning Prayer, on Wednesdays for **Noonday Prayer** at 12 p.m. in beautiful and quaint Little St. Mary's, for a **class** or **Bible study**, or for many of our other **fellowship** and **outreach** offerings. **Little St. Mary's** and **New St. Mary's** are also **open** Monday through Friday between 8:30 a.m. and 4:30 p.m. and available to you for prayer and reflection. See the back page to get a sense of what we have going on around St. Mary's.

TODAY IS WORLD MISSION SUNDAY!

Traditionally celebrated on the last Sunday after Epiphany, World Mission Sunday is celebrated this morning. On World Mission Sunday, **Episcopalians are invited to focus on the global impact of the Baptismal Covenant's call to "seek and serve Christ in all persons"** (Book of Common Prayer, p. 305). It is also an opportunity to raise awareness of the many ways in which The Episcopal Church participates in God's mission around the world. **"As Christians, we are called to reach out across borders, across walls, across divides and to always put family first, and our family is the whole of humanity.** There are no geographical borders in God's world, there is only love, and love knows no boundaries," the Rev. David Copley, Director of Global Partnerships and Mission Personnel said in a sermon. **Currently, Episcopal Church missionaries serve in many international locales**, including Aotearoa, New Zealand and Polynesia, Brazil, Costa Rica, Dominican Republic, England, El Salvador, Haiti, Honduras, Hong Kong, Israel/Palestine, Panama, the Philippines, Qatar, Romania, South Africa, and Tanzania.

SPIRITUAL FORMATION AND ADULT EDUCATION

Adult Forum continues this morning with **"What Makes for Good Liturgy, Part IV."** In this fourth session, we **explore how 'good liturgy' weaves into our Lenten spiritual practices and focuses our intentions.** Please bring your questions and come join David May **this morning at 10:00 in the Parish Hall for a lively conversation.**

Men's Spiritual Practice continues this Tuesday, March 5 at 7:30 a.m. Bob Hetherington invites men of all ages to participate in a spiritual practice. This offering is a **one-hour time of silence, reflection, sharing, and prayer** that focuses on the Gospel reading for the following Sunday.

CHILDREN AND YOUTH

The March 2019 schedule is now available for Acolytes. St. Mary's hopes you will volunteer for a Sunday service in the New Year. Please sign up via Sign Up Genius or email Emily Bruch at ebruch@stmarysgoochland.org.

Parents of rising 6th graders and current 6th and 7th graders are invited to come learn about this **summer's middle school mission trip.** The trip for rising 6th - 8th graders is **July 12-17.** It's an **overnight trip to the Shenandoah Valley** where they will get to experience many different forms of mission work in the local communities. **Please attend the Informational Meeting on Sunday, March 10 in the Library at 10 a.m. and Wednesday, March 13 at 5:45 p.m. in the Dover Lounge** to learn more.

Come join us for a Mardi Gras celebration on Shrove Tuesday! The **Youth Pancake Supper is this Tuesday, March 5 at 5:30 p.m.** The youth will prepare and serve up hot pancakes! There will be King Cake and some fun Mardi Gras activities for the kids too. **All proceeds and donations will support youth summer mission trips. To volunteer to cook and serve beginning at 4 p.m., contact Emily Bruch at ebruch@stmarysgoochland.org.**

LENT AT ST. MARY'S

The season of Lent is nearly upon us. During Lent, we join with Christians all over the world in preparing for the great mystery of Christ's death and resurrection, the mighty work through which God reconciles all things to himself in Christ. From the earliest beginnings of the Church, Christians have set aside this period of time to prepare for Easter. **The forty days of Lent** (roughly a 'tithe' of our time each year) **are given as a time of intentionally making ourselves available to the work of the Spirit in each of our lives.** We will **provide**. Lenten resource tables are set up in the **narthex of New St. Mary's and in the Café near the new Parish Hall.** There you'll find a variety of resources **for learning, for growing, and for preparing** that we hope you'll find useful and encouraging.

To make a good beginning for Lent, please plan to take time to **attend one of the Ash Wednesday services** on Wednesday, March 6. The services are at **12 p.m. and 5:30 p.m. in New St. Mary's.** The Ash Wednesday liturgy includes the imposition of ashes (which is optional) and the Holy Eucharist. Please join your sisters and brothers at St. Mary's along with Christians throughout the world in making 'a right beginning' for a holy Lent.

We need your help! Please **bring your palm crosses from this past Palm Sunday** or even further back if you've got them! **We'll burn all of our old palm crosses at our Shrove Tuesday Pancake Supper** (Tuesday March 5) to use for ashes for Ash Wednesday the next day. You can bring them with you to church and leave them in the Narthex in the basket with the sign for old palm crosses or bring them by the church office during weekdays. Thank you!

Lenten Soup suppers begin **on Wednesday, March 13 at 5:30 p.m. Join your St. Mary's family for a simple supper** every Wednesday throughout Lent until April 10. Serving begins at 5:30 p.m. with a suggested donation of \$8 per person and \$22 per family, with a **speaker for adults** and a **children and youth program following at 6:15 p.m.** The evening concludes by 7 p.m. with our prayers for the evening. This year **St. Mary's will be joined by faith leaders from the Richmond Area** to share testimonials on the power and grace of the Word of God.

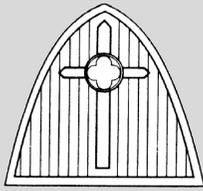
A new ministry at St. Mary's focuses on aging as something we all have in common that can be as challenging as it is rewarding. It will offer a variety of programs through the year, but its first offering is a **Lenten forum series at 10 a.m.** on Sundays **led by Dr. Vic Maloy and titled, "The Wonder of Years."** **All ages are invited because we are all aging.**

One practice during Lent is giving for others. Did you know that **St. Mary's has a collection closet for GoochlandCares?** Go through your home and **give clean, undamaged items** to our neighbors in Goochland County. Drop them in the closet in the back of the Education Building on Sunday mornings or during the week during office hours.

Bob Hetherington **invites parishioners of all ages to a one-hour time of Spiritual Practice** on Sunday mornings in Lent at 10 a.m. in the Parish Office **beginning Sunday, March 10.** It's one hour of silence, reflection, sharing, and prayer.

ARE YOU NEW? OR A RETURNING VISITOR? CONNECT WITH US!

- ❖ **New to St. Mary's?** First time or returning visitor? Please help us get to know you by filling out a **welcome card** found in the back of every pew.
- ❖ **Need a nametag?** Please **sign up for one** in the back of the church or make a temporary one. If you already have one, **please remember to wear it** to help make St. Mary's a warm, welcoming place.
- ❖ **Are you receiving St. Mary's emails?** Stay up to date with weekly emails about upcoming events and opportunities and receive reflections **directly to your inbox go to stmarysgoochland.org** to sign up.
- ❖ **Are you following us on Instagram?** We love sharing fun facts, behind the scenes, and our beautiful campus. Make sure to **follow us @stmarysgoochland**
- ❖ **Do you like our Facebook page?** You can find recent sermons, reflections, information about upcoming events, pictures from events, and more by liking us at **[facebook.com/St.MarysGoochland](https://www.facebook.com/St.MarysGoochland)**
- ❖ **Do you know St. Mary's has a YouTube channel?** You can watch past adult forums, Vacation Bible School videos, and more by subscribing at **[youtube.com/user/StMarysGoochland](https://www.youtube.com/user/StMarysGoochland)**



ST. MARY'S
EPISCOPAL CHURCH

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www.stmarysgoochland.org

| Growing in Faith |
| Building Community |
| Giving Joyfully |

CLERGY, STAFF, AND VESTRY

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Meg Zehmer, *Nursery Director*

Susan Rawls, *Director of St. Mary's Episcopal School*

Vestry Members:

Tracey Ragsdale, *Senior Warden*

Russell Wyatt, *Junior Warden*

Joe Cheely, *Treasurer*

Patsy Simril, *Register*

Harry Baldwin, Christy Gurkin, Karen

Huennekens, Fay Lohr, Anne McCoy, Kim

O'Shea, Doug Pera, Ann Ramsey, Al Rider, Tom

Slater, Seth Schaeffer, Scott Stephens, and

Danny Williams.

This Week at St. Mary's

Sunday, March 3

Holy Eucharist Rite One, 9 a.m., *Little St. Mary's*

Adult Forum: "What Makes Lent Holy?", 10 a.m., *Parish Hall*

Sunday School and Confirmation Class, 10 a.m., *Sunday School Classrooms and Education Building*

Holy Eucharist Rite Two, 11 a.m., *New St. Mary's*

Cake and Coffee, Noon, *Café and Parish Hall*

Children's Ministries Committee, 12:15 p.m., *Parish Office*

Tuesday, March 5

Men's Spiritual Practice, 7:30 a.m., *Parish Office*

Staff Meeting, 2 p.m., *Rector's Office*

5:30 p.m. Shrove Tuesday Pancake Supper, *Parish Hall*

Wednesday, March 6, Ash Wednesday

Lectionary Bible Study, 10 a.m., *Library*

Holy Eucharist, 12 p.m., *New St. Mary's*

Holy Eucharist, 5:30 p.m., *New St. Mary's*

Thursday, March 7

Pastoral Care Team 2, 5 p.m., *Parish Office*

Adult Choir, 7:30 p.m., *Choir Suite*

Saturday, March 9

A.A., 10 a.m., *Education Building Classroom*

Sunday, March 10, First Sunday in Lent

Holy Eucharist Rite One, 9 a.m., *Little St. Mary's*

Parish Breakfast, 9:30 a.m., *Parish Hall*

Spiritual Practice with Bob, 10 a.m., *Parish Office*

Youth Mission Trip Informational Meeting, 10 a.m., *Library*

Sunday School and Confirmation Class, 10 a.m., *Sunday School Classrooms and Education Building*

Holy Eucharist Rite Two, 11 a.m., *New St. Mary's*

Coming Up

Wednesday, March 13

Holy Eucharist, 12 p.m., *Little St. Mary's*

Pastoral Care Team 3, 4 p.m., *Parish Office*

Stations of the Cross Rehearsal, 5 p.m., *Education Building*

Lenten Supper and Speaker Series, 5:30 p.m., *Parish Hall*

Youth Mission Trip Informational Meeting, 5:30 p.m., *Dover Lounge*

Sunday, March 17, Second Sunday in Lent

Holy Eucharist Rite One, 9 a.m., *Little St. Mary's*

Adult Forum: "Wonder of Years", 10 a.m., *Parish Hall*

Spiritual Practice with Bob, 10 a.m., *Parish Office*

Sunday School and Confirmation Class, 10 a.m., *Sunday School Classrooms and Education Building*

Holy Eucharist Rite Two, 11 a.m., *New St. Mary's*

Cookies and Coffee, 10 a.m., *Café and Parish Hall*

Middle School Youth Group, 4:30 p.m., *Education Building*

ALL Youth Dinner, 5:30 p.m., *Education Building*

High School Youth Group, 6:30 p.m., *Education Building*