



THE ANNUNCIATION

ST. MARY'S EPISCOPAL CHURCH

The Third Sunday in Lent

March 24, 2019

Nursery

Our nursery is available for infants through 4-year-olds from 8:45 a.m. until 12:15 p.m. The nursery is located in the Sunday School Building. Nursery Director Meg Zehmer and Nursery Assistant Cassie Vestal will be happy to help you get your child settled into the nursery.

Worship bags

We provide worship bags that contain a coloring page based on the Gospel reading of the day. They are in the front of Little St. Mary's and in the wood bins near the entrances to New St. Mary's.

Sermons available

Find past sermons available on St. Mary's website at stmarysgoochland.org/sermons to hear audio and download print versions.

Connect with us

We would love to learn more about you! If you are a visitor, please pick up a **welcome card** from one of our ushers or in the back of a pew.

Would you like to write for us? Contact Ashley Cameron at acameron@stmarysgoochland.org

TODAY'S SCHEDULE

9 a.m. Holy Eucharist Rite One, *Little St. Mary's*

10 a.m. Adult Forum: "Wonder of Years", *Parish Hall*

10 a.m. Lenten Spiritual Practice, *Parish Office*

10 a.m. Sunday School and Confirmation Class, *Sunday School Classrooms and Education Building*

11 a.m. Holy Eucharist Rite Two, *New St. Mary's*

Noon Cookies and Coffee, *Café and Parish Hall*

Do you receive email from us?

Visit stmarysgoochland.org/communications to sign up for weekly updates and news from us.

A WEEKLY REFLECTION

Romans 7:15 *I do not understand my own actions. For I do not do what I want, but I do the very thing I hate.*

Long before diarist Anne Frank wrote, "The problem with me is I am two different people," Paul wrestles with the very same dilemma. Paul wants to please God yet realizes the mental tug of war between flesh and spirit. Like Paul, we too share the struggle of *knowing* what is right and *doing* what is right.

As much as we desire our lives and prayers to be fragrant offerings for God, we frequently suffer a kind of spiritual paralysis. Our minds instruct our bodies to act, but our hearts are non-responsive. We fail. But God reminds us that grace is sufficient to save us, that we need not fear when we fall short – for it is out of our setbacks that we become fertile ground for transformation. We are works in progress, not works of perfection.

Moving Forward: *What is your greatest struggle right now? How will you invite Jesus to speak grace into this part of your life?*

Glenice Robinson-Como

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www.forwardmovement.com

WELCOME! Whether it is your first Sunday at St. Mary's, or your 401st, we're glad that you're with us. Please feel free to introduce yourself to a greeter, an usher, or one of our clergy, and **consider filling out a welcome card**. We invite you to join us on future **Sundays** at 9 a.m. for Eucharist or at 11 a.m. for Eucharist or Morning Prayer, on Wednesdays for **Noonday Prayer** at 12 p.m. in beautiful and quaint Little St. Mary's, for a **class** or **Bible study**, or for many of our other **fellowship** and **outreach** offerings. **Little St. Mary's** and **New St. Mary's** are also **open** Monday through Friday between 8:30 a.m. and 4:30 p.m. and available to you for prayer and reflection. See the back page to get a sense of what we have going on around St. Mary's.

LENTEN SPEAKER SERIES CONTINUES ON WEDNESDAY

Throughout Lent, we are learning the Word of God's love through reading, studying, and listening. Come out and listen one Wednesday evening at 6:15 p.m. to a faith leader from the Richmond area. They will share testimonials on the power and grace of the Word of God, talk about how some scripture has taken up residence in their own spirit, and reflect on what that has meant for each of them in their lives.

This Wednesday, March 27, St. Mary's welcomes the Rev. Sue Eaves, an Episcopal priest in the Diocese of Virginia. Sue was born in England and emigrated to the United States in 1981. She was **Head of the Religion Department and Lay Chaplain at St. Catherine's Episcopal School**. Since being ordained in 1991, she has served at St. Catherine's School, St. James's in Richmond, St. Thomas in Richmond, and, most recently, as Interim Rector at St. Paul's in downtown. **Her interests** are reading, writing, photography, travel, and theater.

LENT AT ST. MARY'S

One practice during Lent is giving for others. Did you know that St. Mary's has a collection closet for GoochlandCares? Go through your home and give clean, undamaged items to our neighbors in Goochland County. Drop them in the closet in the back of the Education Building on Sunday mornings or throughout the week during office hours.

Take time during this season of Lent to gather in the sacred space of Little St. Mary's to be fed by God's goodness and renewed in body, mind, and spirit. Please join us for an abbreviated service of **Holy Eucharist with Prayers for Healing at 12 p.m. on Wednesdays**. Also, this is a perfect time and place to bring someone who may be in need of a gathering space to be loved on by God's healing presence.

SPIRITUAL FORMATION AND ADULT EDUCATION

Men's Spiritual Practice continues this Tuesday, March 26 at 7:30 a.m. Bob Hetherington invites men of all ages to participate in a one-hour time of silence, reflection, sharing, and prayer that focuses on the Gospel reading for the following Sunday.

The Lenten forum series titled "Wonder of Years" continues this morning at 10 a.m. Dr. Vic Maloy leads us in a conversation guided by two books - Michael Gurian's *The Wonder of Aging - Embracing Life After Fifty* and Joan Chittister's *The Gift of Years: Growing Old Gracefully*. The forum focuses on the process of becoming an elder and finding opportunities to impart wisdom and experiences in healthy ways within our communities of faith. **This second Sunday is about "The Age of Distinction."** But don't worry if you haven't read ahead; **everyone is welcome to come listen, learn, and ask questions.**

Bob Hetherington invites parishioners of all ages to a one-hour time of Spiritual Practice on Sunday mornings in Lent at 10 a.m. in the Parish Office continuing today, Sunday, March 24. It's one hour of silence, reflection, sharing, and prayer.

DATE WITH THE DAFFODILS

Invitations are headed to your mailbox for St. Mary's second Outreach Gala – Date with the Daffodils – benefiting St. Mary's mission and outreach programs. St. Mary's hopes you will join us for a lovely evening with **delicious food, exciting auction items, and fun dancing on Friday, April 26 at 6 p.m.** sponsored by the Wilton Family. **Please mail in the RSVP card or go online at www.stmarysgoochland.org/gala to purchase tickets.** This event is not exclusively for St. Mary's parishioners, so please invite your friends, family, and neighbors! **It's going to be a wonderful evening and we look forward to seeing you there!**

FELLOWSHIP

Lenten Soup suppers continue **this Wednesday, March 27 at 5:30 p.m.** **Join your St. Mary's family for a simple supper** every Wednesday throughout Lent until April 10. Serving begins at 5:30 p.m. with a suggested donation of \$8 per person and \$22 per family. **This Wednesday's menu as always includes** mac and cheese and nuggets for the kids, in addition to a delicious soup and salad combination.

CHILDREN AND YOUTH

Sunday School kids are collecting canned fruit! One of St. Mary's Lenten Practices is to "give for others." Last week, **GoochlandCares** posted on Facebook that **the food pantry is in great need of canned fruit.** Sunday School classes heard the call but it's not limited to our littlest folks. **Please donate what you can and place it in the shopping cart located in the Dover Lounge.** Thank you in advance!

The April 2019 schedule is now available for Acolytes. St. Mary's hopes you will volunteer for a Sunday service in the New Year. Please sign up via Sign Up Genius or email Emily Bruch at ebruch@stmarysgoochland.org.

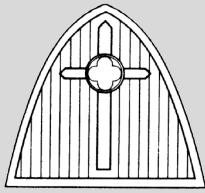
Rising 6th graders and current 6th and 7th graders: it's time to sign up for this **summer's middle school mission trip!** The trip for rising 6th - 8th graders is **July 12-17.** It's an **overnight trip to the Shenandoah Valley** where they will get to experience many different forms of mission work in the local communities. **The deadline to sign up is April 4.** Email Emily Bruch at ebruch@stmarysgoochland.org to register and learn more.

Children's programs follow the Lenten Soup Suppers on Wednesdays in Lent from 6:15 p.m. to 7 p.m. We will learn the story of Jesus from his baptism through Easter by **watching short videos from the Jesus Storybook Bible,** engaging in a **fun, easy craft,** and then heading outside as weather permits to play games.

Youth are invited to be a part of Stations of the Cross which is on Wednesday, April 10 at 5:30 p.m. followed by a simple supper. This shadow play, performed by the youth of St. Mary's, is a beautiful production and a moving meditation on the crucifixion of Christ. **Rehearsals for Stations of the Cross are on Wednesdays, March 20 and 27** at 5 p.m. Email Emily Bruch at ebruch@stmarysgoochland.org to sign up and learn more!

ARE YOU NEW? OR A RETURNING VISITOR? CONNECT WITH US!

- ❖ **New to St. Mary's?** First time or returning visitor? Please help us get to know you by filling out a **welcome card** found in the back of every pew.
- ❖ **Need a nametag?** Please **sign up for one** in the back of the church or make a temporary one. If you already have one, **please remember to wear it** to help make St. Mary's a warm, welcoming place.
- ❖ **Are you receiving St. Mary's emails?** Stay up to date with weekly emails about upcoming events and opportunities and receive reflections **directly to your inbox go to stmarysgoochland.org** to sign up.
- ❖ **Are you following us on Instagram?** We love sharing fun facts, behind the scenes, and our beautiful campus. Make sure to **follow us @stmarysgoochland**
- ❖ **Do you like our Facebook page?** You can find recent sermons, reflections, information about upcoming events, pictures from events, and more by liking us at **facebook.com/St.MarysGoochland**
- ❖ **Do you know St. Mary's has a YouTube channel?** You can watch past adult forums, Vacation Bible School videos, and more by subscribing at **youtube.com/user/StMarysGoochland**



ST. MARY'S
EPISCOPAL CHURCH

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www.stmarysgoochland.org

| Growing in Faith |
| Building Community |
| Giving Joyfully |

CLERGY, STAFF, AND VESTRY

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Vestry Members:
Karen Huennekens, *Senior Warden*
Scott Stephens, *Junior Warden*
Joe Cheely, *Treasurer*
Patsy Simril, *Registrar*
Harry Baldwin, **Christy Gurkin**, **Anne McCoy**,
Kim O'Shea, **Doug Pera**, **Ann Ramsey**, **Seth Schaeffer**, and **Danny Williams**.

This Week at St. Mary's

Sunday, March 24, Third Sunday in Lent

Holy Eucharist Rite One, 9 a.m., *Little St. Mary's*
Adult Forum: "Wonder of Years", 10 a.m., *Parish Hall*
Spiritual Practice with Bob, 10 a.m., *Parish Office*
Sunday School and Confirmation Class, 10 a.m., *Sunday School Classrooms and Education Building*
Holy Eucharist Rite Two, 11 a.m., *New St. Mary's*
Cookies and Coffee, 10 a.m., *Café and Parish Hall*

Tuesday, March 26

Men's Spiritual Practice, 7:30 a.m., *Parish Office*
Staff Meeting, 2 p.m., *Rector's Office*
Vestry, 5 p.m., *Parish Hall*

Wednesday, March 27

Lectionary Bible Study, 10 a.m., *Library*
Holy Eucharist with Prayers of Healing, 12 p.m., *Little St. Mary's*
Stations of the Cross Rehearsal, 5 p.m., *Education Building*
Lenten Supper and Speaker Series, 5:30 p.m., *Parish Hall*
Lenten Speaker Series, 6:15 p.m., *Parish Hall*

Thursday, March 28

Adult Choir, 7:30 p.m., *Choir Suite*

Saturday, March 30

A.A., 10 a.m., *Education Building Classroom*

Sunday, March 31, Fourth Sunday in Lent

Holy Eucharist Rite One, 9 a.m., *Little St. Mary's*
Adult Forum: "Wonder of Years", 10 a.m., *Parish Hall*
Spiritual Practice with Bob, 10 a.m., *Parish Office*
Sunday School, 10 a.m., *Sunday School Classrooms and Education Building*
Holy Eucharist Rite Two, 11 a.m., *New St. Mary's*
Cookies and Coffee, 10 a.m., *Café and Parish Hall*

Coming Up

Tuesday, April 2

Fellowship Committee, 9 a.m., *Parish Office*

Wednesday, April 3

Holy Eucharist with Prayers for Healing, 12 p.m., *Little St. Mary's*
Stations of the Cross Rehearsal, 5 p.m., *Education Building*
Lenten Supper, 5:30 p.m., *Parish Hall*
Lenten Speaker Series, 6:15 p.m., *Parish Hall*

Friday, April 5

Pastoral Care Team 1, 10 a.m., *Parish Office*

Sunday, April 7, Fifth Sunday in Lent

Holy Eucharist Rite One, 9 a.m., *Little St. Mary's*
Adult Forum: "Wonder of Years", 10 a.m., *Parish Hall*
Spiritual Practice with Bob, 10 a.m., *Parish Office*
Sunday School, 10 a.m., *Sunday School Classrooms and Education Building*
Holy Eucharist Rite Two, 11 a.m., *New St. Mary's*
Cookies and Coffee, 10 a.m., *Café and Parish Hall*