

THE ANNUNCIATION

ST. MARY'S EPISCOPAL CHURCH

The Second Sunday in Lent

March 17, 2019

Nursery

Our nursery is available for infants through 4-year-olds from 8:45 a.m. until 12:15 p.m. The nursery is located in the Sunday School Building. Nursery Director Meg Zehmer and Nursery Assistant Cassie Vestal will be happy to help you get your child settled into the nursery.

Worship bags

We provide worship bags that contain a coloring page based on the Gospel reading of the day. They are in the front of Little St. Mary's and in the wood bins near the entrances to New St. Mary's.

Sermons available

Find past sermons available on St. Mary's website at stmarysgoochland.org/sermons to hear audio and download print versions.

Connect with us

We would love to learn more about you! If you are a visitor, please pick up a **welcome card** from one of our ushers or in the back of a pew.

Would you like to write for us? Contact Ashley Cameron at acameron@stmarysgoochland.org

TODAY'S SCHEDULE

9 a.m. Holy Eucharist Rite One, *Little St. Mary's*

10 a.m. Adult Forum: "Wonder of Years", *Parish Hall*

10 a.m. Lenten Spiritual Practice, *Parish Office*

10 a.m. Sunday School and Confirmation Class, *Sunday School Classrooms and Education Building*

11 a.m. Holy Eucharist Rite Two, *New St. Mary's*

Noon Cookies and Coffee, *Café and Parish Hall*

Do you receive email from us?

Visit stmarysgoochland.org/communications to sign up for weekly updates and news from us.

A WEEKLY REFLECTION

Luke 13:34 *"Jerusalem, Jerusalem, the city that kills the prophets and stones those who are sent to it! How often have I desired to gather your children together as a hen gathers her brood under her wings, and you were not willing!"*

As parents, we want to keep our children safe under our wings. We hold our breath the first time a toddler tumbles; our hearts break at teenage disappointments or an adult child's harsh treatment in a harsh world. And we are devastated when they stumble and fall.

"You never get over being a mother," my own mother always said.

This is what Jesus feels as he mourns over Jerusalem – and us.

We're lost, and we're scared, or we're running away from his embrace as fast as we can because we want to choose our own way.

Then we cry, "Lord, help!" And Jesus says, "Oh, my dear, let me."

Moving Forward: *How will you let Jesus gather you up and love you into something new?*

Mary W. Cox

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WELCOME! Whether it is your first Sunday at St. Mary's, or your 401st, we're glad that you're with us. Please feel free to introduce yourself to a greeter, an usher, or one of our clergy, and **consider filling out a welcome card**. We invite you to join us on future **Sundays** at 9 a.m. for Eucharist or at 11 a.m. for Eucharist or Morning Prayer, on Wednesdays for **Noonday Prayer** at 12 p.m. in beautiful and quaint Little St. Mary's, for a **class** or **Bible study**, or for many of our other **fellowship** and **outreach** offerings. **Little St. Mary's** and **New St. Mary's** are also **open** Monday through Friday between 8:30 a.m. and 4:30 p.m. and available to you for prayer and reflection. See the back page to get a sense of what we have going on around St. Mary's.

LENTEN FORUM SERIES: "THE WONDER OF YEARS"

A new ministry at St. Mary's focuses on aging as something we all have in common that can be as challenging as it is rewarding. It will **provide resources to help adults work with grace and good humor through physical, mental, and spiritual challenges** of getting older, and will offer a variety of programs through the year. Its first offering is a **Lenten forum series at 10 a.m.** on Sundays beginning this morning **led by Dr. Vic Maloy and titled, "The Wonder of Years."** All ages are invited because we are all aging.

Vic's forum will use and **be guided by two books** – Michael Gurian's *The Wonder of Aging – Embracing Life After Fifty* and Joan Chittister's *The Gift of Years: Growing Old Gracefully*. Copies are for sale in the Café. In Gurian's book, he describes **the process of becoming an elder**, which begins at 50 and which is not the same as simply getting older. It is about **finding opportunities to impart our wisdom and experiences** in healthy ways within our families, our communities of faith, and our culture. Each Sunday focuses on one of the three stages that Gurian mentions in his book. This first Sunday is about "The Age of Transformation." But don't worry if you haven't read ahead; **everyone is welcome to come listen, learn, and ask questions.**

FELLOWSHIP

Lenten Soup suppers begin **this Wednesday, March 13 at 5:30 p.m.** Join your St. Mary's family for a simple supper every Wednesday throughout Lent until April 10. Serving begins at 5:30 p.m. with a suggested donation of \$8 per person and \$22 per family. **This Wednesday's menu includes** tomato soup, grilled cheese sandwiches, salad, and, of course, mac and cheese and nuggets for the kids!

SPIRITUAL FORMATION AND ADULT EDUCATION

Men's Spiritual Practice continues this Tuesday, March 19 at 7:30 a.m. Bob Hetherington invites men of all ages to participate in a **one-hour time of silence, reflection, sharing, and prayer** that focuses on the Gospel reading for the following Sunday.

CHILDREN AND YOUTH

The March and April 2019 schedule is now available for Acolytes. St. Mary's hopes you will volunteer for a Sunday service in the New Year. Please sign up via Sign Up Genius or email Emily Bruch at ebruch@stmarysgoochland.org.

Rising 6th graders and current 6th and 7th graders: it's time to sign up for this **summer's middle school mission trip!** The trip for rising 6th - 8th graders is **July 12-17**. It's an **overnight trip to the Shenandoah Valley** where they will get to experience many different forms of mission work in the local communities. **The deadline to sign up is April 4.** Email Emily Bruch at ebruch@stmarysgoochland.org to register and learn more.

Children's programs follow the Lenten Soup Suppers on Wednesdays in Lent from 6:15 p.m. to 7 p.m. We will learn the story of Jesus from his baptism through Easter by **watching short videos from the Jesus Storybook Bible**, engaging in a **fun, easy craft**, and then heading outside as weather permits to play games.

Youth are invited to be a part of Stations of the Cross which is on Wednesday, April 10 at 5:30 p.m. followed by a simple supper. This shadow play, performed by the youth of St. Mary's, is a beautiful production and a moving meditation on the crucifixion of Christ. **Rehearsals for Stations of the Cross are on Wednesdays, March 20 and 27** at 5 p.m. Email **Emily Bruch** at ebruch@stmarysgoochland.org to sign up and learn more!

Youth group tonight! **Come help prepare Easter bags** for students at St. Andrew's School. Receive community service hours for this time. **Middle School meets from 4:30 - 5:30 p.m. ALL Youth dinner served at 5:30 p.m. and then High School gathers from 6 - 7 p.m.** Come out to spread some Easter joy!

LENT AT ST. MARY'S

The season of Lent is upon us. The forty days of Lent (roughly a 'tithe' of our time each year) **are given as a time of intentionally making ourselves available to the work of the Spirit in each of our lives.** Lenten resource tables are set up in the **narthex of New St. Mary's and in the Café near the new Parish Hall.** There you'll find a variety of resources **for learning, for growing, and for preparing** that we hope you'll find useful and encouraging.

One practice during Lent is giving for others. Did you know that **St. Mary's has a collection closet for GoochlandCares?** Go through your home and **give clean, undamaged items** to our neighbors in Goochland County. Drop them in the closet in the back of the Education Building on Sunday mornings or during the week during office hours.

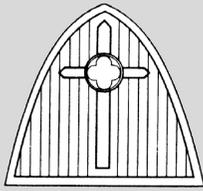
Bob Hetherington **invites parishioners of all ages to a one-hour time of Spiritual Practice** on Sunday mornings in Lent at 10 a.m. in the Parish Office **continuing today, Sunday, March 17.** It's one hour of silence, reflection, sharing, and prayer.

One of the ways to practice Lent this season is to learn the Word of God's love. David May invites you to join us on **Wednesday evenings at 6:15 p.m.** for the annual St. Mary's Lenten Speaker Series. The theme is **"The Word is very near you"** and will be reflected upon by **faith leaders from the Richmond Area.** They will share testimonials on the power and grace of the Word of God, talk about how some scripture has taken up residence in their own spirit, and reflect on what that has meant for each of them in their lives. This Wednesday, March 13, **St. Mary's welcomes the Rev. Andrew Terry,** Pastor at St. Peter's Episcopal Church in the East End of Richmond.

Take time during this season of Lent to **gather in the sacred space of Little St. Mary's** to be fed by God's goodness and renewed in body, mind, and spirit. Please join us for an abbreviated service of **Holy Eucharist with Prayers for Healing at 12 p.m. on Wednesdays.** Also, this is a **perfect time and place to bring someone** who may be in need of a gathering space to be loved on by God's healing presence.

ARE YOU NEW? OR A RETURNING VISITOR? CONNECT WITH US!

- ❖ **New to St. Mary's?** First time or returning visitor? Please help us get to know you by filling out a **welcome card** found in the back of every pew.
- ❖ **Need a nametag?** Please **sign up for one** in the back of the church or make a temporary one. If you already have one, **please remember to wear it** to help make St. Mary's a warm, welcoming place.
- ❖ **Are you receiving St. Mary's emails?** Stay up to date with weekly emails about upcoming events and opportunities and receive reflections **directly to your inbox go to stmarysgoochland.org** to sign up.
- ❖ **Are you following us on Instagram?** We love sharing fun facts, behind the scenes, and our beautiful campus. Make sure to **follow us @stmarysgoochland**
- ❖ **Do you like our Facebook page?** You can find recent sermons, reflections, information about upcoming events, pictures from events, and more by liking us at **facebook.com/St.MarysGoochland**
- ❖ **Do you know St. Mary's has a YouTube channel?** You can watch past adult forums, Vacation Bible School videos, and more by subscribing at **youtube.com/user/StMarysGoochland**



ST. MARY'S
EPISCOPAL CHURCH

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www.stmarysgoochland.org

| Growing in Faith |
| Building Community |
| Giving Joyfully |

CLERGY, STAFF, AND VESTRY

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Vestry Members:
Karen Huennekens, *Senior Warden*
Scott Stephens, *Junior Warden*
Joe Cheely, *Treasurer*
Patsy Simril, *Register*
Harry Baldwin, Christy Gurkin, Anne McCoy, Kim O'Shea, Doug Pera, Ann Ramsey, Seth Schaeffer, and Danny Williams.

This Week at St. Mary's

Sunday, March 17, Second Sunday in Lent

Holy Eucharist Rite One, 9 a.m., *Little St. Mary's*
Adult Forum: "Wonder of Years", 10 a.m., *Parish Hall*
Spiritual Practice with Bob, 10 a.m., *Parish Office*
Sunday School and Confirmation Class, 10 a.m., *Sunday School Classrooms and Education Building*
Holy Eucharist Rite Two, 11 a.m., *New St. Mary's*
Cookies and Coffee, 12 p.m., *Café and Parish Hall*
Middle School Youth Group, 4:30 p.m., *Education Building*
ALL Youth Dinner, 5:30 p.m., *Education Building*
High School Youth Group, 6 p.m., *Education Building*

Tuesday, March 19

Men's Spiritual Practice, 7:30 a.m., *Parish Office*
Staff Meeting, 2 p.m., *Rector's Office*

Wednesday, March 20

Pastoral Care Team 4, 9 a.m., *Parish Office*
Lectionary Bible Study, 10 a.m., *Library*
Holy Eucharist with Prayers of Healing, 12 p.m., *Little St. Mary's*
Stations of the Cross Rehearsal, 5 p.m., *Education Building*
Lenten Supper and Speaker Series, 5:30 p.m., *Parish Hall*
Lenten Speaker Series, 6:15 p.m., *Parish Hall*

Thursday, March 21

Adult Choir, 7:30 p.m., *Choir Suite*

Saturday, March 23

A.A., 10 a.m., *Education Building Classroom*

Sunday, March 24, Third Sunday in Lent

Holy Eucharist Rite One, 9 a.m., *Little St. Mary's*
Adult Forum: "Wonder of Years", 10 a.m., *Parish Hall*
Spiritual Practice with Bob, 10 a.m., *Parish Office*
Sunday School and Confirmation Class, 10 a.m., *Sunday School Classrooms and Education Building*
Holy Eucharist Rite Two, 11 a.m., *New St. Mary's*
Cookies and Coffee, 10 a.m., *Café and Parish Hall*

Coming Up

Wednesday, March 27

Holy Eucharist with Prayers for Healing, 12 p.m., *Little St. Mary's*
Stations of the Cross Rehearsal, 5 p.m., *Education Building*
Lenten Supper, 5:30 p.m., *Parish Hall*
Lenten Speaker Series, 6:15 p.m., *Parish Hall*

Sunday, March 31, Fourth Sunday in Lent

Holy Eucharist Rite One, 9 a.m., *Little St. Mary's*
Adult Forum: "Wonder of Years", 10 a.m., *Parish Hall*
Spiritual Practice with Bob, 10 a.m., *Parish Office*
Sunday School, 10 a.m., *Sunday School Classrooms and Education Building*
Holy Eucharist Rite Two, 11 a.m., *New St. Mary's*
Cookies and Coffee, 10 a.m., *Café and Parish Hall*