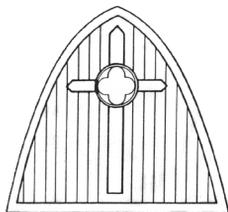




Lent
AT ST. MARY'S

CONSIDER THE WAYS YOU CAN MAKE LENT HOLY...



SEEKING A HOLY LENT

ST. MARY'S EPISCOPAL CHURCH

2018 LENTEN OFFERINGS

Lent is a time that invites us to return to the presence of God, who never stops seeking our presence, and to prepare for the mystery and celebration of Jesus' death and resurrection at Easter. All of us are invited to the observance of a holy Lent, in the words of the Book of Common Prayer, "by self-examination and repentance; by prayer, fasting, and self-denial; and by reading and meditating on God's holy Word." We hope that your observance of a holy Lent will include time at St. Mary's in our services, classes, fellowship, and other offerings, or simply in prayer and contemplation in this beautiful place.

HOW CAN YOU MAKE THIS A HOLY LENT?

IF YOU'RE WANTING TO GROW IN YOUR PRAYER LIFE...

- ❖ Come to our **Noonday Prayer service at 12 p.m. and Evening Prayer at 5:30 p.m. every Wednesday in Lent** in Little St. Mary's.
- ❖ Pick up a copy of "**Meeting Jesus in the Gospel of John**" prayer journal from SSJE in the Café area for \$5. "Meeting Jesus" is a six-week journey and reflection with space to write, doodle, and meditate daily. Respond to the Brothers' invitation to reflect on the person of Jesus, his mission, and his message, as it is presented in the writings of John.
- ❖ Consider implementing new spiritual disciplines in your daily life to increase your awareness of God's presence.

Men of all ages are invited to join Bob Hetherington on **Tuesday mornings at 7:30 a.m. in the Old Parish Hall continuing until March 27**. This Lenten discipline is a one-hour time of silence, reflection, sharing and prayer that focuses on the Gospel reading for the following Sunday.



The **Lectionary Bible Study** continues to meet in the Library on **Wednesdays at 10 a.m.** Led by parishioner Frank Eakin, each Bible study session focuses on the Lectionary readings assigned for the succeeding Sunday.

IF YOU'RE LOOKING TO GO DEEPER ON SUNDAY MORNINGS...

- ❖ **Celebrate having Eucharist every Sunday at 11 a.m.** Holy Eucharist during Lent is a time of feasting, a much-needed break in the midst of the forty days of fasting. Sundays are a time when we come together as the Body of Christ to rejoice in God's goodness and prepare to go out into the world and serve.
- ❖ **Repent and remember why you need God.** During Lent, the Book of Common Prayer encourages us to use the **Great Litany** and the **Penitential Order** to begin our Eucharistic services, where we recite special prayers and the **Ten Commandments** to help us reflect especially on God's mercy.
- ❖ Deepen your relationship with Jesus. **Join us each Sunday morning at 10 a.m. in the New Parish Hall** as Andrew and Bob have an "arm chair conversation" with a **St. Mary's parishioner on how they've met Jesus** throughout their personal faith journey. Learn how this relates to our own personal stories and the larger story of St. Mary's community.

IF YOU'RE PRESSED FOR TIME DURING THE WORKWEEK...

- ❖ Make a special effort to join us for **Evening Prayer** on your way home from the office at **5:30 p.m. on Wednesdays** in Little St. Mary's.
- ❖ Sign up to receive our **Lenten devotions in your email inbox** at bit.ly/1nCXYGt.
- ❖ Attend the **Community Lenten Series** weekdays during Lent at **St. Paul's Episcopal Church in Downtown Richmond** to hear great preaching and enjoy a delicious lunch.



IF YOU'RE A KID...

- ❖ Find out about **Stations of the Cross at 5 p.m. on Wednesdays** with an engaging Shadow Play opportunity. The children will present Stations of the Cross at 5 p.m. on Wednesday, March 28.
- ❖ Discover what Lent is all about on **Wednesdays at 6:15 p.m beginning February 21.**
- ❖ Pick up a **Meeting Jesus for Kids journal and a set of Car Talk cards** on the table in the Café to guide you and your family through Lent at home.
- ❖ Learn the stories that lead up to the best story ever - Easter - in **Sunday School every Sunday morning at 10 a.m.**

IF YOU'RE SEEKING REFRESHMENT...

- ❖ Come to Little St. Mary's any time between 8:30 a.m. and 4:30 p.m. on weekdays to enjoy a moment of silence or time for prayer. We're open!
- ❖ Enjoy the beautiful music St. Mary's Choir has to offer through a spiritually renewing **Choral Evensong on Sunday, March 4 at 5 p.m. in New St. Mary's.**
- ❖ Join your St. Mary's family for a **simple supper on Wednesdays beginning February 21.** Serving begins at 5:30 p.m., with a speaker for adults and a children and youth program following at 6:15 p.m. The featured program this year is **led by Thom Blair** titled *The Stories He'd Tell: Exploring the Parables of Jesus.*

IF YOU'RE LOOKING TO BECOME MORE INVOLVED IN OUR COMMON LIFE...

- ❖ Consider participating in Fellowship, Outreach, Pastoral Care, or another area of St. Mary's that enriches our common life. Contact Ashley Cameron at acameron@stmarysgoochland.org or Andrew Moore at amoore@stmarysgoochland.org.

